

LaKetia Carrell M.Ed., LPC

Family Counseling and Parenting Expert

LaKetia Carrell is a speaker, author, social worker, and CEO who is committed to strengthening and building families. As the CEO of Parents TrainUp, founding president of the Institute of Personal and Professional Development, and star of her own television show, Pumped Up Parents!, LaKetia is a resource creator who has produced training for groups, individuals, parents, and teens via seminars, coaching, and consulting. With a master's degree in Education and over 25 years of therapeutic experience, LaKetia is an expert in powerful talks, invaluable coaching, and practical workshops that help families succeed.



@PARENTSTRAINUP



Keynote Topic

DEVELOPING EXCELLENT COMMUNICATION WITH TEENS

This presentation will teach parents how to increase communication and decrease conflicts with strategies and techniques for positive communication and healthier relationships

ENCOURAGING EXCELLENT BEHAVIOR WITH TEENAGERS

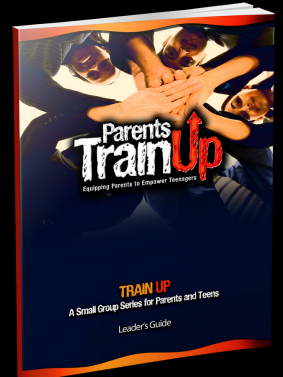
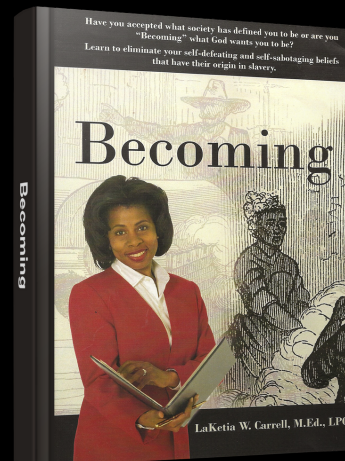
Every parent wants the best for their teen and from their teen. In this presentation parents will gain understanding of how their own behaviors may contribute to their teen's misbehavior, and learn master parenting strategies to help extinguish poor behavior and promote positive development.

MANAGING TEENS WHO HAVE EXPERIENCED TRAUMA

So many teens today have experienced terrible hurt. Sometimes those closest are not able to realize what has happened. This presentation help participants recognize the indicators and symptoms of trauma in their teens and help them become proficient in validating teen's experience. They will come away with communication methods to prevent further trauma.

“ I have known Laketia professionally for over 15 years and have found her to be consistent and reliable in the work of parent education which has delivered successful outcomes for families across the metropolitan St. Louis area. LaKetia gives every client 100 % and guides them towards growth and well -being. Her expertise and ability to impact is Amazing! ”

Tina Anderson, Community Marketing Manager, Aetna



BOOK LAKETIA CARRELL

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